



2015 SEC Football Media Days Vanderbilt Player Quotes Monday, July 13, 2015

Sophomore Linebacker Nigel Bowden

On what "the new Vanderbilt" means

"The new Vanderbilt is confidence. It is to have everyone [be] accountable for what we do every day. It's being on the same page. It is being more of a family than last year."

On the Tennessee-Vanderbilt rivalry

"It's a big rivalry, especially to people in Nashville. People hear stories about Nashville, Tennessee fans. They talk trash. It's a big rivalry, so we go back and forth."

On Coach Mason's message for this season

"It's a difference. It's a different mindset. It's working and changing minds. I see it more so in our head coach and he is our defensive coordinator. We see it and we see he is a head coach and a defensive coordinator, so it's maybe we can put more work in the film room, the weight room or everything."